



# SUMMER SAFETY



Sun

Roads



Fires



Electricity

Railway



Water



Beach

Cycle





## We will be covering the following safety topics-

- Fire
- Water
- Beach
- Sun
- Railway
- Electricity
- Home Security



## Fire







## Fire

- Camp fires should only be lit with the proper training.
- Fire can spread very quickly and put lives at risk.
- It is a criminal offence to deliberately start a fire.



# Water











# **Cold Water Shock – Six Steps of Floating**



# Water

- The water may be much colder than you think.
- Do not dive or jump.
- Rivers and the Sea can flow very quickly.
- Do not swim alone.
- The water may be polluted.

# Sun Safety





# Sun Safety

- Drink regularly to prevent dehydration.
- To help prevent sunburn-
  1. Use sun screen on exposed skin-at least SP15
  2. Stay in the shade between 11am and 3pm.
  3. Wear a wide brimmed hat and long sleeves.



## Beach Safety

- Swim at a lifeguarded beach where possible
- Never swim alone.
- Never use inflatables in strong winds or rough seas.
- Keep an eye on the tide as it is easy to get cut off from the shore.



# Beach Flags





# Beach Flags



Red and yellow flags mean Lifeguards are on patrol. You should only swim or boogie board in the area between the flags.



The red flag means it is dangerous to bathe or swim and you should not go into the water.



The quartered black and white flag indicates the area zoned for surf craft and Malibu boards. It is not safe for swimmers and bathers.



# Railway





**OVERHEAD  
LINES**  
25,000 volts

**SIGNALLING LOCATION  
CASE**  
650 volts

**BURIED  
CABLE**  
25,000  
volts

**3<sup>rd</sup> RAIL**  
750 volts



# Railway

- Never ignore a railway sign.
- Do not trespass on or near the track
- Railway electricity is 100 times more powerful than electricity in the home.



# Electricity

- Substations
- Power Lines



# Summer Security

- **Burglaries rise over the summer months.**
- **In 3 out of 10 burglaries, a burglar will gain access to your home through an open window or door.**
- **Keep valuables out of view (e.g: Smart phones, mobile devices, home entertainment systems, jewellery, car keys).**
- **Make sure you have strong locks for all windows and doors.**
- **Curtains drawn during the day might make a burglar think that no one is home.**



**Northamptonshire  
County Council**

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