



Essex County  
Fire & Rescue Service

# High Rise Accommodation Fire Safety Advice

It is important for your own safety to understand what to do in the event of a fire, whether it is in your flat or somewhere else in the building.

Most high-rise blocks of flats have a **stay put** policy in the event of a fire. You should have been provided with this information when you moved in. You can find out your building's policy directly with the management company/council who own the building.

 @ECFRS

 /ECFRS

[www.essex-fire.gov.uk](http://www.essex-fire.gov.uk)

[www.essex-fire.gov.uk/highrise](http://www.essex-fire.gov.uk/highrise)



## **If there is a fire in your flat**

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Follow your escape plan: get everyone out, stay out, call 999.

Close all doors behind you as you leave, to contain the fire.

If safe to do so, activate the fire alarm if there is one. Walk down the nearest stairs or through the nearest fire exit.

**DO NOT use the lift.**

## **If there is a fire in your building, but not your flat**

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Close your doors and windows

**Stay put** unless advised by the fire service

**Call the fire service on 999.** NEVER assume that someone else has already done so – you could save someone's life.

## **If you are trapped in your flat by a fire**

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Get everyone to the safest room within the flat, furthest from the smoke/heat entry point is best.

**Call the fire service on 999.** Tell us your flat and floor number.

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***If the fire service needs to fully evacuate the building they will advise you.***

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## **Get your FREE smoke alarm**

Contact us to arrange a free home safety visit:

 **0300 303 0088**

 [www.essex-fire.gov.uk/book](http://www.essex-fire.gov.uk/book)

